

Monthly Newsletter



Manager Update

Greetings and welcome to the April Newsletter,

In the spirit of International Women's Day, we were privileged to host Lois as our guest speaker, marking a celebration of women's achievements.

Our lifestyle team orchestrated delightful Easter festivities, bringing joy to our residents who indulged in Easter Eggs and enjoyed captivating entertainment.

There was a recent upgrade to the hot water system in Drive and Esplanade with minimal disruption to resident care.

We're grateful for the community's support in identifying lost clothing and now labelled. The rest of the items will be given for donation. Your assistance throughout this process has been invaluable.

A recent audit has drawn our attention to the importance of having a current Statement of Choice form for our residents. This proactive measure ensures preparedness for unforeseen circumstances. We understand that this can be quite overwhelming for some families to complete, our staff are available to offer guidance and support.

To those who have updated their Enduring Power of Attorney (EPOA) status, we kindly request you to notify the facility to keep our records current.

In other news, Chloe, our roster officer, is eagerly anticipating the arrival of her baby, with her last day scheduled for April 9th. We extend our warmest wishes for a safe delivery. As for the baby's gender, the suspense continues to keep us guessing!

With Chloe's impending departure, we extend a warm welcome to Nathalia and Winess, who join our administrative team. Meanwhile, Grace transitions into the role of Roster Officer, continuing her valuable contributions at Esida.

Wishing you all a wonderful month ahead filled with joy and positivity.

Warm regards,

Zanny



Zanny Mitchell
Facility Manager

Monthly Newsletter



SERVIZI
Premium Services

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Lisa Strong

Servizi Update

March at Esida

The March Servizi Outing was held at the picturesque Mt Cootha Botanical Gardens. We had a lovely trip out with Lucy & Rita who enjoyed an amazing lunch at the Botanic Gardens Cafe. We took a nice stroll around the gardens together and then toured around in the car to the Mt Cootha Lookout to see the city and take in the breathtaking view at the top. Loved ones are welcome to join in outings held by Servizi please contact me if you would like to join.

Other activities included:

- Physio session with Michael
- Starr at the movies
- Lucy and her new haircut

Hope you have a great Easter and look forward to sharing more Servizi events and news with you next month. Kind Regards, Lisa

Servizi Outing



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Servizi Activities in March



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Servizi Services

Servizi Premium Services is a user-pay service that allows for further enhanced normality and choice. The benefits of taking advantage of the extra services include building confidence and relationships with peers. It makes new residents feel at home and gives access to normal activities residents would have enjoyed at home. Speak with your concierge today about signing on to Servizi Premium Services.

Services include massage therapy to stimulate muscles and relieve pain.

Beauty treatments such as a haircut or new hairstyle and having nails painted.

Active minds apply the appropriate stimuli to achieve desired outcomes and are based on non-drug therapy approach known as Cognitive Stimulation Therapy (CST).

Daily coffee and cake encourage a trip to the cafe to socialise and connect with fellow residents and staff.

Special events such as a theatre trip, fishing trip or sports event can be organised and some residents have enjoyed a day at the movies.

Companion Services available as a daily fee or one-time experience are a priceless service benefitting residents and their wellbeing is the focus, precious one-on-one time assists with mental and emotional health and supports with maintaining independence and normality. Cultivating friendships and facilitate the transition into residential aged care.

Foxtel channels offered allow residents to rediscover old favourite TV shows which bring back wonderful memories or find new movies and content to engage with.

Outings which residents would have experienced at home in their normal social settings. Feedback include expressing love of spending time with other residents and how it made their day.

SCAN ME



Servizi@Home

If you have not received an invitation and wish to download Servizi@Home, you will find it through google play, the app store or scan the QR Code and follow the instructions to set up your account. Alternatively contact your concierge.